7th GUILDFORD ADVANCED PAIN & SYMPTOM MANAGEMENT COURSES

REFERENCE / READING LIST

ALTERNATIVE ROUTES OF ADMINISTRATION
Andrew Dickman

UPDATE ON TRANSDERMAL FENTNANYL
David Brooks


Philip J Wiffen, Sheena Derry, R Andrew Moore. 2014. Impact of morphine, fentanyl, oxycodone or codeine on patient consciousness, appetite and thirst when used to treat cancer pain. Cochrane Database of Systematic Reviews.
Dong-Dong Wang, Ting-Ting Ma, Hua-Dong Zhu, Cong-Bin Peng. 2018. Transdermal fentanyl for cancer pain: trial sequential analysis of 3406 patients from 35 randomized controlled trials. Journal of Cancer Research and Therapeutics 14:14-21


OPIOID ADVERSE EFFECTS - NOT THE “USUAL SUSPECTS”!
Andrew Davies


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Davies AN, Patel SD, Gregory A, Lee B. Observational study of sleep disturbance in advanced cancer. BMJ Supportive and Palliative Care 2017; 7: 435-40. [Copy of paper will be available on course website].

Cheatle MD, Webster LR. Opioid therapy and sleep disorders: risks and mitigation strategies. Pain Medicine 2015; 16; S22-6. [Copy of paper available on course website].

ACUPUNCTURE FOR PAIN RELIEF
Graham Leng

Wu X, Chung VC, Hui EP, Ziea ET, Ng BF, Ho RS, Tsoi KK, Wong SY, Wu JC. Effectiveness of acupuncture and related therapies for palliative care of cancer:
overview of systematic reviews. Sci Rep. 2015 Nov 26;5:16776 [Copy of paper available on course website].

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• Chiu HY, Hsieh YJ, Tsai PS. Systematic review and meta-analysis of acupuncture to reduce cancer-related pain. Eur J Cancer Care (Engl). 2017 Mar;26(2)


• Lee A, Chan SK, Fan LT. Stimulation of the wrist acupuncture point PC6 for preventing postoperative nausea and vomiting. Cochrane Database Syst Rev. 2015 Nov 2;(11):CD003281

• National Guidelines for the Use of Complementary Therapies in Supportive and Palliative Care. Tavares M. The Prince of Wales’s Foundation for Integrated Health and the National Council for Hospice and Specialist Palliative Care Services, 2003

• British Medical Acupuncture Society
  www.medical-acupuncture.co.uk
• Acupuncture in Medicine journal
WHAT ELSE IS NEW (PAIN)?

Andrew Davies

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• Helde-Frankling M, Holjer J, Begqvist L et al. Vitamin D supplementation to palliative cancer patients shows positive effects on pain and infections - results from a matched case-control study. Plos One 2017; 12: e0184208. [Copy of paper available on course website].

PAIN - WHAT IT DOES TO US, AND WHAT CAN WE DO ABOUT IT?
Tony Dickenson


SYMPTOM ASSESSMENT
Jo Thompson
• Ahmed N, Ahmedzai S, Collins K et al. Holistic assessment of supportive and palliative care needs: the evidence for routine, systematic questioning. BMJ Supportive and Palliative Care 2014; 0: 1-9


- Chang V, Hwang S, Feuerman M et al. The Memorial Symptom Assessment Scale Short Form (MSAS-SF). Cancer 2000; 89: 1162-1171
- Kwok Oi-Ling D, Kam-Hung D. Symptom distress as rated by advanced cancer patients, caregivers and physicians in the last week of life. Palliative Medicine 2005; 19: 228-233

Mercadante S, Adile C, Lanzetta G et al. Personalised symptom goals and patient global impression on clinical changes in advanced cancer patients. The Oncologist 2018; 23: 1-8


Ripamonti C, Bandieri E, Pessi M et al. The Edmonton symptom assessment system (ESAS) as a screening tool for depression and anxiety in non-advanced patients with solid or haematological malignancies on cure or follow-up. Supportive Care in Cancer 2014; 22: 783-793

ORAL PROBLEMS
Andrew Davies

OLD VS NEW: HALOPERIDOL VS OLANZAPINE
Andrew Dickman
- Meyer JM, Simpson GM. From chlorpromazine to olanzapine: a brief history of antipsychotics. Psychiatr Serv. 1997;48(9):1137-9. [Copy of paper available on course website].

CORTICOSTEROIDS - BENEFITS AND RISKS

Kath Webber

- D Tomlinson, P D Robinson, S Oberoi, D Cataudella, N Culos-Reed, H Davis, N Duong, F Gibson, M Götte, P Hinds, S L Nijhof, P Van der Torre, S Cabral, L L

- Petra Vayne-Bossert, Alison Haywood, Phillip Good, Sohil Khan, Kirsty Rickett, and Janet R Hardy. Corticosteroids for adult patients with advanced cancer who have nausea and vomiting (not related to chemotherapy, radiotherapy, or surgery). Cochrane Database of Systematic Reviews, 2017 vol. 28 (4) p. 381.

**UPDATE ON BISPHOSPHONATES / DENOSUMAB**

Sarah Cox

- National Institute for Health and Care Excellence (2014) Prostate cancer; diagnosis and management (NICE Guideline 175). Available at: https://www.nice.org.uk/guidance/cg175
- NICE evidence summary (ES15) Published date July 2017. Early breast cancer (preventing recurrence and improving survival): adjuvant bisphosphonates
- MHRA/CHM advice: Denosumab: minimising the risk of osteonecrosis of the jaw; monitoring for hypocalcaemia—updated recommendations (September 2014) and Denosumab: osteonecrosis of the jaw—further measures to minimise risk (July 2015)
- MHRA/CHM advice: Denosumab: reports of osteonecrosis of the external auditory canal (June 2017)
- MHRA/CHM advice: Denosumab (Xgeva®) for giant cell tumour of bone: risk of clinically significant hypercalcaemia following discontinuation (June 2018)
- MHRA/CHM advice: Denosumab (Xgeva®) for advanced malignancies involving bone: study data show new primary malignancies reported more frequently compared to zoledronic acid (zoledronate) (June 2018)

**VENOUS THROMBOEMBOLISM**

*Simon Noble*

- Carrier M, Khorana AA, Zwicker JI, Noble S, Lee AYY Management of challenging cases of patients with cancer-associated thrombosis including recurrent thrombosis and bleeding: guidance from the SSC of the ISTH. *Journal Thrombosis and Haemostasis* 2013 September; 11(9) 1760-65

WHAT ELSE IS NEW (SYMPTOMS)
Andrew Davies

- Jatoi A, Qin R, Satele D et al. “Enjoy a glass of wine before eating”: a randomized trial to test the orexigenic effects of this advice in advanced cancer patients. Supportive Care in Cancer 2016; 24: 3739-46.

TERMINAL SEDATION - THE RIGHTS AND WRONGS!
Craig Gannon


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van Deijck RH; Hasselaar JG; Verhagen SC; Vissers KC; Koopmans RT ‘Patient-Related Determinants of the Administration of Continuous Palliative Sedation in Hospices and Palliative Care Units: A Prospective, Multicenter, Observational Study’ Journal of Pain & Symptom Management, 2016; 51(5):882-9


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