

Introduction

DR ANDREW DAVIES

Introduction



WELCOME

Croeso

Failte

Bem vinda

Velkommen

G'day

Nau mai

Bienvenue

Housekeeping

- ❖ Assistance
- ❖ Catering
- ❖ “Networking session”
- ❖ Phones / pagers
- ❖ Fire alarm




Acknowledgments


- ❖ Guildford Advanced Courses team
- ❖ RSCH SPCT
- ❖ Sponsors
 - BD
 - ConvaTec
 - Ethypharm
 - Grunenthal
 - Kyowa Kirin


Acknowledgements

Name: ANDREW DAVIES

BD sticker 

ConvaTec sticker 

Grunenthal sticker 

Kyowa Kirin sticker 

Acknowledgements



Evidence-based medicine

A collage of newspaper headlines from the Daily Mail, presented as if they are torn pieces of paper. The collage is set against a dark teal background. At the top, the Daily Mail logo is visible, featuring a royal coat of arms. Below the logo is a purple banner with the text 'HOW SCANDAL HAS GROWN'. The headlines are arranged in a 2x2 grid. Each headline is in a different font and size, and is accompanied by a date.

Daily Mail

HOW SCANDAL HAS GROWN

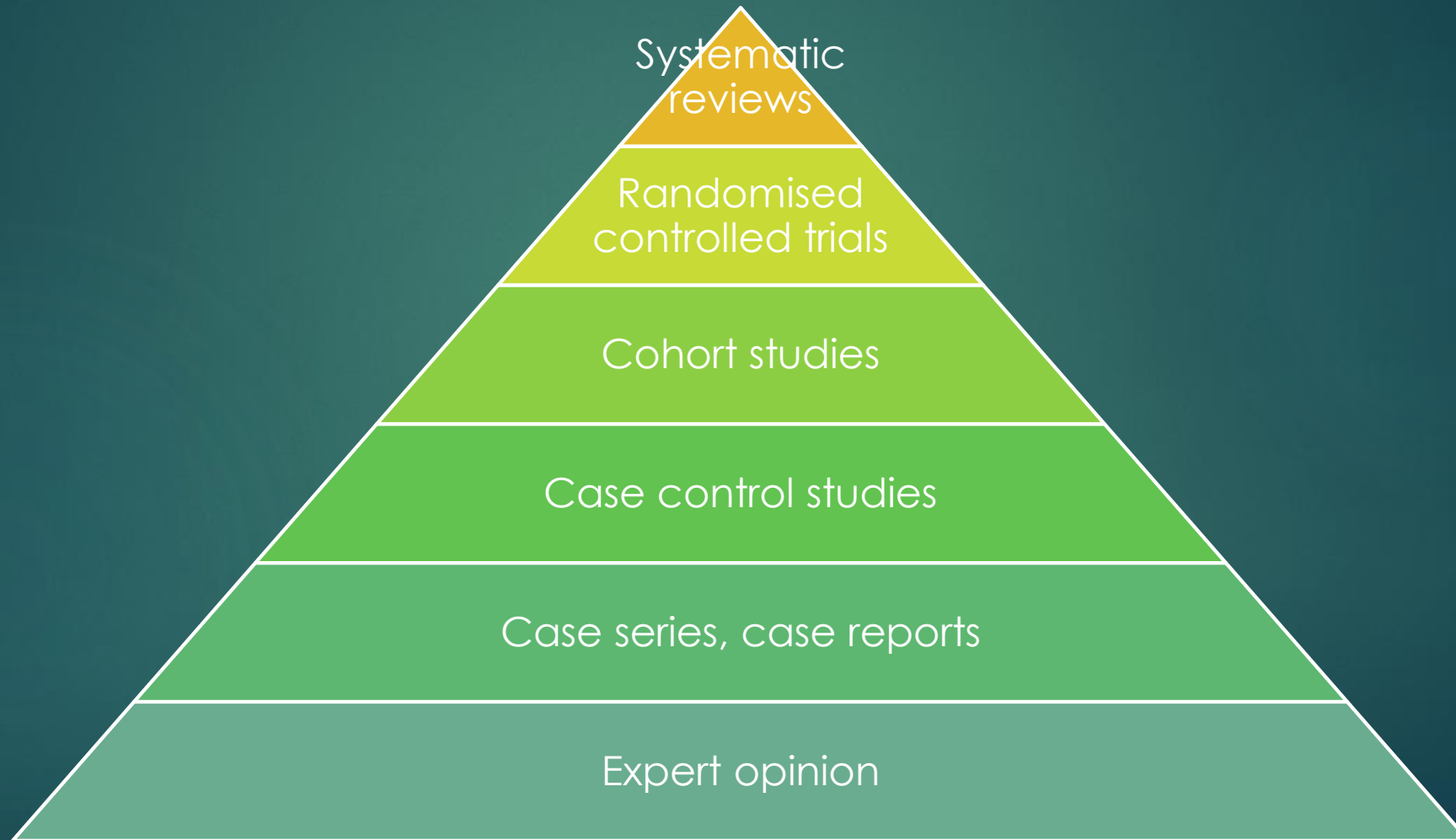
DOCTORS TO ACT ON CARE PATHWAY
Mail yesterday

Family revive father doctors ruled wasn't worth saving
October 13

Son calls police over mother's death on the 'care pathway'
October 10

Care? No, this is a pathway to killing
October 15

Evidence-based medicine



Evidence-based medicine

“The practice of evidence based medicine means integrating individual clinical expertise with the best available external clinical evidence from systematic research”.

Sackett et al, 1996

Evidence-based medicine

“The practice of evidence-based medicine means applying all of the evidence, and not just the evidence that supports your convictions or clinical practice”.

Evidence-based medicine

Palliative Medicine 2002; **16**: 507–512

An assessment of the efficacy and tolerability of a 'double dose' of normal-release morphine sulphate at bedtime

Jennifer Todd Consultant in Palliative Medicine, Trinity Hospice, Clapham, London, **Elizabeth Rees** Research Nurse in Palliative Care, Royal Marsden Hospital, Sutton, **Bridget Gwilliam** Research Nurse in Palliative Care, Royal Marsden Hospital, London and **Andrew Davies** McAlpine Macmillan Consultant Senior Lecturer in Palliative Medicine, Bristol Haematology and Oncology Centre, Bristol

Abstract: This study was a prospective, randomized, open, crossover study comparing a double dose (DD) of normal-release (NR) morphine at bedtime with a single dose (SD) of NR morphine at bedtime and 4 h later. Twenty patients completed the study. Four patients required breakthrough analgesia during the SD phase of the study, whilst 11 patients required breakthrough analgesia during the DD phase of the study ($P=0.016$). Moreover, all of the pain scores were worse during the DD phase (overnight pain, $P<0.01$; morning pain, $P<0.01$), and some of the opioid-related side effect scores were worse during the DD phase (xerostomia, $P=0.033$; vivid dreams, $P=0.05$). This study does not support the European Association for Palliative Care (EAPC) recommendations on the use of a double dose of NR morphine at bedtime. *Palliative Medicine* 2002; **16**: 507–512

Key words: dose–response relationship; drug guidelines; morphine

Evidence-based medicine

